

Official Coaching Policy at Highfield Squash Club

"Where new members (or indeed, not so new) receive coaching in the basics of the game, it is more likely that they will continue in squash and find the experience of playing more rewarding."
www.munstersquash.com

- The list of Highfield Squash Club members who are qualified Squash Coaches * is posted on the club notice board and under a Munster Squash supported scheme are available to provide coaching within the club.
- The committee encourages all members to avail of the opportunity to receive coaching from these recognized coaches and to improve their standard of play/enjoyment of the sport.
- Squash coaching programs for members will be posted on the club notice board.
- To register for inclusion in these or further coaching sessions, any member wishing to participate should contact the Men's Captain, The ladies Captain or The Club's Children's Officer.
- Typically, sessions will be organized for 1 hour, 1 day/night per week for 6 weeks for a group of 2/3 players of similar playing standard and all ability levels will be catered for.
- The committee does not permit organized squash coaching within the club provided by any person outside of those listed on the notice board.
- Any non-participating members, present at the time, shall ensure that the coaching proceeds in a quiet, learning environment and refrain from undue observation and comment, which can be distracting for coaches and participants.

Coaching of juniors:

Juniors are members aged U-19 and all queries concerning juniors should be referred to The Club Children's Officer. The club subscribes in general to the *Code of Practice for Children's Sport* of the Irish Sports Council on the recommendation of Irish Squash.

The Club's general policy on coaching applies in addition to the specifics below.

Specific procedures for coaching of juniors in Highfield

- Coaching may only take place at times decided by the Committee
- NO Junior coaching is permitted at any other time
- Only coaches nominated by the Committee may be involved
- Where possible only qualified and vetted coaches will be used
- At least one adult, nominated on a rota basis by the Clubs Children's' Officer must be present at all times
- Other adults in the club at the time are expected to behave appropriately

* If you have a squash coaching certification and wish to be added to the list of coaches at Highfield Squash please contact the Club Captain.